

EUCAPA 2012 CONFERENCE

KILLARNEY, IRELAND

5 MAY 2012

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1 European Union Congress of Adapted Physical Activity Conference 2012.

2
3 MR O'FLYNN: Hello everyone.

4
5 Hello everyone and good evening.

6
7 Ladies and gentlemen, thanks for your attention. Before I start perhaps a little bit of appreciation
8 for our musicians, weren't they wonderful?

9
10 Good evening to you all, a Céad Mile Failte as we say in Irish, 100,000 welcomes.

11
12 That's a lot of welcomes!

13
14 But it's an indication of how happy we are that you're here, joining us for what is a really big
15 day, the first time Ireland hosted the European congress of Adapted Physical Activity.

16
17 Because of this folks, it's the big time!

18
19 You are attending the main APA event in the world this year! Over the next three days we'll hear
20 from 33 countries, there are five fantastic keynote speakers to be heard, plus a number of
21 exciting invited guests.

22
23 There are in addition no less than 70 oral presentations, many of them practicals, of real, solid,
24 day-to-day value to PE teachers, coaches, physiotherapists, carers and parents.

25
26 For that after all is what we're here for. To help make a difference in people's lives.

27
28 My name is Niall O'Flynn and I'm a member of the steering group of the CARA Centre in
29 Tralee. It's a national centre promoting the increased participation of people with disabilities in
30 physical activity, sport and physical education.

31
32 Every year 500 children and adults with disabilities take part in our APA programmes. We're
33 proud of that. And we're very grateful for the support of the Department of Justice, Equality and
34 Defence, the Irish Sports Council, Bord Failte and of course the steadfast backing of the Institute

1 of Technology, Tralee, your host for this European congress.

2
3 Our thanks too to the European Federation of Adapted Physical Activity, for their wisdom in
4 awarding this congress to Ireland!

5
6 As you can see, Ireland may be bust, but we're not broken and we can still throw a bit of a party!

7
8 So welcome to you all, delegates, speakers, guests, in just a few minutes we'll hear from one of
9 Europe's key figures in the discipline of Adapted Physical Activity, the President of EUFAPA,
10 Dr Martin Kudlacek, but first I'd like to introduce a man that's a long time supporter of the
11 CARA Centre, an academic who put APA at the heart of his college.

12
13 Ladies and gentlemen, your host over the next three days, the President of the Institute of
14 Technology Tralee, Dr Oliver Murphy.

15
16 DR MURPHY: (Welcomes delegates in Irish language).

17 Members of the governing body, public representatives, invited guests, representatives from
18 partner agencies and delegates to the conference welcome.

19
20 We are delighted to have you here to participate and share in this European Congress of Adapted
21 Physical Activity.

22
23 The Institute of Technology Tralee, in association with CARA, and the Irish Sports Council and
24 the Department of Justice and Law Reform, is pleased to host this conference in Killarney this
25 year. And it was mentioned previously, this is the first time the event has been held in Ireland.

26
27 I know that many of you have travelled from quite a distance to participate in this conference
28 and this serves to remind us all just how important events like these are.

29
30 Over the next three days a comprehensive programme comprising of keynote speakers,
31 workshops, lectures have been organised and all the details are in your conference packs.

32
33 However, life is not all about work. Now I don't normally say this when I'm addressing staff in
34 the college I say work is very, very important! But, to balance what will be a very interesting and

1 stimulating conference, we have also included opportunities for you to relax and experience the
2 culture and natural amenities that the Kerry region has to offer.

3
4 We hope you will also avail of these.

5
6 I also hope you will enjoy our night of traditional music, which we have for you following this
7 ceremony.

8
9 (Irish: I know you will enjoy it)

10
11 Thank you very much.

12
13 MR O'FLYNN: Thank you Dr Oliver Murphy. Our next guest is a great friend of IT Tralee and
14 a leading advocate for APA. Quite simply, without his support we wouldn't be here tonight.

15
16 Ladies and gentlemen, let's give a warm Irish welcome to the president of the European
17 Federation of Adapted Physical Activity, Dr Martin Kudlacek.

18
19 DR KUDLACEK: Hello, thank you very much for your kind introduction.

20
21 It's lovely to be here. I feel like I am at a family reunion, once a year we always have a big
22 family reunion, my grandfather was from 7 children, so it's quite a big family, almost, maybe a
23 little bigger! So I feel like I am at a family reunion and I hope we all have fun.

24
25 As it was said by the President of IT Tralee, it's very close to what we do in Czech, we work
26 hard and we also party hard, to keep a balance, and the balance is very important!

27
28 Actually we were joking with the speaker, when I first met Pat Flanagan who is a very important
29 person and inspiration to me, it was when I tried to draft him to our team, don't worry I didn't
30 want to draft him to work in the Czech Republic, because his Czech is not very strong!

31
32 But I wanted to draft him to a project we were preparing called European Standards in Adapted
33 Physical Activity. But we were not successful at that time, and he actually drafted me and our
34 Czech team, to his project called Epect and that was an interesting experience and I have learned

1 a lot.

2
3 During the National Congress of Adapted Physical Activity in 2008 I told Pat over a glass of
4 Guinness that I would be happy if European Congress of Adapted Physical Activity is held in
5 this lovely town.

6
7 And here we are, at the European Congress of Adapted Physical Activity in this lovely town,
8 beautiful nature, lovely people, great music, I love it! Good beer, we can argue if it's better than
9 Czech but when I'm in Ireland I think the Guinness is the best!

10
11 And I hope we'll enjoy this lovely conference and I would like to thank Pat and his strong team
12 for preparation of this congress. At the beginning. So thank you very much.

13
14 MR O'FLYNN: Dr Kudlacek is that correct by the way, is it good?

15
16 Just before we came in I asked the good doctor how exactly do you pronounce your name, it's
17 almost inevitable you'll get it wrong. He said a good way to pronounce it is: "Good luck
18 Czech," so it's our good luck you're here!

19
20 Our next speaker also from IT Tralee, Head of Department for health and leisure, ladies and
21 gentlemen, Aileen Kennedy.

22
23 MS KENNEDY: How are you all. I'd like to begin by welcoming you all to the EUCAPA
24 conference here in Killarney and an Irish welcome particularly to all of you who travelled from
25 the far corners of the world, of which there are many tonight.

26
27 The IT Tralee has transformed the landscape in Ireland in terms of capacity building and
28 empowerment to facilitate the inclusion of people with disability in PE, in sport, in fitness and in
29 recreation.

30
31 The health and leisure department at the Institute of Technology Tralee and it's associated
32 programmes have a local, national and international reputation for excellence and innovation, of
33 which we're very proud in the IT.

1 We were one of the first higher education colleges in Europe to run an under graduate degree
2 programme in APA. IT Tralee has been offering courses of study in APA since 1998.

3
4 In 2007 we began the first specialist honours degree stream in Adapted Physical Activity. The
5 health and leisure department offers five honours degree programmes alongside the honours
6 programme with Adapted Physical Activity, we offer programmes in massage, in fitness
7 professional, in sports development, in PE and in wellness.

8
9 The ideological basis underpinning the programmes was, and remains, visionary in that it
10 focuses on the concepts that have a deep rooted evidence base and emerging disciplines,
11 including positive health, well-being and physical flourishing.

12
13 Graduates emerge from the programme with a strong theoretical basis for the relationship
14 between health and leisure that is rooted in a positive, in a strength based approach, in a skill-set
15 that will enable them to work with individuals and groups, forging well-being and competence to
16 develop and implement policies with well-being at the core.

17
18 The introduction of the APA programme, with the unique mix of practical work, of tutorial
19 support and theory in all of the modules, consolidated the health and leisure department at IT
20 Tralee as the main source of training and development of APA in Ireland.

21
22 IT Tralee conceived of and hosted the inaugural national APA conference back in 2003, with the
23 title of: A Right to Access.

24
25 Three further successful conferences followed in 2005, in 2008 and in 2011. All of which were
26 delivered in conjunction with the Irish Sports Council who have been a fervent supporter of the
27 work at IT Tralee for many years.

28
29 The programme is innovative in its approach to teaching methods, community engagement,
30 learning accreditation, relevance and breadth of skills.

31
32 The programme engages significantly with local and regional communities and organisations.
33 Annually over 500 participants take part in 20 different activities, supported by 150 of our
34 students.

1
2 The programme is delivered in partnership with many different services which cater for a wide
3 range of people with disabilities in Kerry, in Munster and nationwide.

4
5 These include services like Enable Ireland, St. John of God's, the Kerry Deaf Resource Centre,
6 Kerry Down Syndrome Society, the Brothers of Charity, Kerry Parents and Friends, the National
7 Learning Network, to name but a few.

8
9 Students also complete work practice placements locally, nationally and internationally the IT
10 Tralee have an established relationship with Hope Alaska whereby students from IT Tralee
11 complete work practice placements with Hope Alaska.

12
13 Our students volunteer with Campabilities, a national camp with organisation for children with
14 visual impairments, activities are planned and delivered by third year students in partnership
15 with local clubs.

16
17 We were the first centre outside of the US to run this camp in 2010, and due to its success we
18 have run it subsequently in 2011 and just recently over Easter in 2012.

19
20 The programme is delivered in partnership with many different services, which cater for a wide
21 range of people.

22
23 The main aim of the APA programme is to provide our students with knowledge and practical
24 experience of working with people with disabilities in both a community based and a school
25 based setting, while giving the adults and the children that we work with a positive, high quality
26 experience of physical activity, of sports and of fitness.

27
28 Our focus and our emphasis is always on ability rather than disability. And providing quality,
29 inclusive sessions for every client, no matter what their ability level is.

30
31 IT Tralee have been particularly innovative in the inclusion of aquatic therapy across our
32 programmes as well as using the Hallow method of swim teaching for teaching people with
33 disabilities in the water.

1 IT Tralee facilitates training programmes nationwide in this method. IT Tralee is leading the
2 development of Hallow nationally as a method of including people with disabilities in the
3 aquatics area.

4
5 Staff are training to a high level and their further training the student groups.

6
7 IT Tralee has play add significant role in the recent development of the Hallow Association.

8
9 IT Tralee is currently developing a masters programme in Adapted Physical Activity in
10 partnership we are happy to say, with the Palacky University in the Czech Republic, hopefully, I
11 am looking to see if Martin is there, to run in September.

12
13 For the first time in Ireland graduates emerged from higher education equip to influence policy
14 and practice, working confidently with people with disabilities in the context of
15 inter-professional and inter-disciplinary practice.

16
17 The graduates are also advocates and policy makers. Enabling the infrastructure to emerge that
18 will facilitate the attainment of social justice for this often marginalised group.

19
20 The national centre for Adapted Physical Activity, the CARA centre at IT Tralee emerged in
21 2007 as a direct result of IT Tralee APA programme and the recognition by the Irish Sports
22 Council that people with disabilities were not being afforded similar access to sport as other
23 members of the population, and that there were deficits in terms of people and infrastructure that
24 needed to be addressed.

25
26 The need for APA graduates is clear. Access to opportunity for participation in sport, in
27 physical activity, in fitness, in recreation, in play and in PE are human rights, without
28 appropriate training, there will not be people to facilitate the inclusion of people with disabilities
29 in such activities. The need for the provision of training remains high.

30
31 Graduates of IT Tralee who have benefited from our programme now lead national initiatives
32 which increase opportunities for people with disabilities to get active and to improve their health
33 and their quality of life.

1 Many of the sports inclusion development officers located around the country, the development
2 officers in national sports bodies and leisure and recreation staff, within the disability services
3 are graduates of IT Tralee.

4
5 Over the next few days I hope we all share our knowledge and our experiences and that we learn
6 from each other and forge further partnerships for future developments in the fields of APA.
7 Enjoy, and I hope through this congress that we can shine the light on Adapted Physical
8 Activity.

9
10 MR O'FLYNN: Thank you Aileen that was a great summary of APA services in Ireland. Your
11 pride in the college programmes shines out and rightly so I think.

12
13 Now to another great supporter of APA in Ireland, and a proud Irish man, resplendent here in his
14 green jacket. Ladies and gentlemen, please the Chairman of the governing body of the Institute
15 of Technology in Tralee, Flan Garvey.

16
17 MR GARVEY: Failte, Ciao! As Chairman of the governing body here in Tralee I want to
18 welcome you to Killarney, which is our neighbour, just down the road. And to thank your
19 president, Martin, for nominating Killarney, having inspected the country some years ago.

20
21 He chose wisely, and we know that when you are finished here in the middle of next week, you
22 will have a will and a longing to come back.

23
24 We want to extend to you our openness, our warmth, our welcoming feeling for our friends from
25 across the world.

26
27 As Chairman of the governing body, we are very proud of our Adapted Physical Activity centre,
28 and CARA being nominated as the national centre in our country.

29
30 IT Tralee is one of the smallest institutes of technology in the country, but we know it's the best!

31
32 And we're not boasting, we just tell it as it is!

33
34 A fact is always a fact.

1
2 We have a tremendous team, it was initiated as Martin said by Pat Flanagan some years ago.

3
4 One problem we have here in Tralee is the heads of department worked so hard that they last on
5 average about three years.

6
7 And that is why we have three of the heads here right now, we have Pat himself, who has stood
8 the course. We have our president registrar, Michael Hall and our president head who just spoke
9 there Aileen Kennedy.

10
11 So the bets are on that Aileen won't last four years!

12
13 So you know, if you want a good bet, they'll take a bet each way. That's being a little frivolous, I
14 was at a conference in Paris last year, I was most impressed, most impressed and to say that we
15 are proud as a governing body of our members here, the Niamhs, Ursulas, Thomas, Linda, all
16 those who put the programme together, is to put it very, very mildly, we are intensely and
17 fiercely proud of that team.

18
19 We know there is no team to match them, as there isn't, when I wear the green, Kerry is known
20 the green and gold, and by the way, I want to tell you, that you will see Ireland at it's best in the
21 month of May.

22
23 It's never greener than it is in the month of May, there is a lovely, light green colour on the
24 leaves on the trees and foliage all around and flowers in bloom, never at it's best, the days long
25 and the nights get long as Martin will verify as well! Here in Killarney, I guarantee you, I don't
26 care how long you stay up, I'll stay with you! I promise you that, Martin asked last year in Paris,
27 he asked for three things: He asked for good Guinness, he asked for Irish music and he didn't
28 ask for rain by the way, but he did ask for Irish dancing and that kind of warmth that we have
29 here in abundance.

30
31 You have picked the best spot in Ireland. If not the best spot in the world.

32
33 We hope you enjoy your stay here, we know you will and that you will leave with a feeling that
34 this is one of God's special places, and that is why of course we have so much rain in Ireland.

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Some of your countries experience a lot of drought, we haven't that problem. And you pay people to water your flowers and water your shrubs and so on, but we just leave it to the man above and he does it all, and he does it often! And that is why we are so green.

I just want to welcome you, hope you enjoy and we look forward to sharing our expertise with yours and your experiences and we just hope you will have a wonderful weekend; we look forward to welcoming you in every way possible.

And we know in a very short few years that EUCAPA will be back in Killarney.

MR O'FLYNN: Flan Garvey, a proud Irish man and a fluent speaker of multiple welcomes!

It reminds me of the joke about Irish have colonised the world but we haven't always learn to speak other languages, it's said that an Irish man is partially fluent when he can order a drink in another language. He is fully fluent when he can order a drink and say, my friend there will pay!

And finally tonight, a man who needs no introduction, but he deserves the warmest of welcomes, he is the founder of the CARA national APA centre, the driving force behind APA in Ireland and the man most responsible for bringing us altogether tonight, it's Pat Flanagan.

MR FLANAGAN: Good evening. Welcome.

It's lovely to have a pre-conference reception which is packed to the doors, that we don't have enough space, so thank you for coming to the early reception and for arriving at conference early to engage with the process of EUCAPA Congress 2012.

We are absolutely honoured and delighted, when Martin indicated an interest that we might be able to host it and then when we made the submission that they agreed that IT Tralee and Kerry could host EUCAPA, it's a great honour and to see such quality of speakers and presenters and poster presenters informing and enlightening us throughout the weekend.

To say the least I'm really looking forward myself to listening to the speakers, going to poster presentations and hopefully learning a lot more about adaptive and types of innovative practices

1 used around about 33 different countries with people attending or presenting the conference, I'm
2 very honoured by your presence and we look forward to an engaging experience.

3
4 Could I just quickly thank the IT Tralee, it was mentioned a number of times, but presidents,
5 including Dr Oliver Murphy and former president Michael Carmody were very supportive of the
6 APA programme at the start of it's, fledgling beginnings in 1996/97 and particularly our head of
7 School of Science, Seamus O'Shea, who can't be with us this weekend was particularly
8 supportive when the idea came up that we could start this area off and get an APA programme
9 going.

10
11 So I'd like to thank them for their support throughout the year that is led us to this fabulous event
12 tonight.

13
14 Could I again just acknowledge and thank the delegates and speakers who sent in their abstracts
15 it was very high quality of application, very high quality of poster presentation application and
16 we really enjoyed the process with the scientific committee going through all the different
17 presentations and it was good to get to know the names, I'm looking forward to meeting the
18 people and putting a face onto the names.

19
20 With that can I thank and congratulate the scientific committee, particularly Jose Ferrera and
21 Pauline Wilton who were particularly supportive of the process but all of the committee who put
22 a lot of effort in to review the papers and will be assisting in the poster competition throughout
23 the conference.

24
25 I'd also like to thank, before I finish, the organising committee of the EUCAPA 2012 conference,
26 they have put in, it looks like about two and a half years ago we started discussing and applying
27 to EUFAPA for this conference and with the support of the college, but a lot of people have put
28 a lot of work in, could I just thank them for their efforts, particularly Linda Raymond who you
29 have all been in contact with, Linda was our conference organiser and has facilitated a huge
30 amount of the work that has led to this event tonight so thanks to the organising committee,
31 thank you very much.

32
33 My final point is, something Martin alluded to, it really feels at this stage that we're among
34 friends, and everybody who we contact and everybody who we speak to and people when they

1 arrive are so friendly, in relation to engaging with us in the Adapted Physical Activity, so as
2 friends I'd like to welcome you to the conference and hopefully we'll deepen those friendships
3 and increase links and increase our work.

4
5 One friend who just dropped in to us tonight is, who will be attending and opening the second
6 day of conference who is a good friend of IT Tralee and all things sport in Ireland is Sean Kelly
7 MEP, Sean called in tonight, thanks for that Sean, Sean is also opening day two of our
8 conference on Monday, we're delighted that you came long.

9
10 Also we have our Minister for Disability who will open the, official opening of the conference
11 tomorrow morning.

12
13 So, we look forward to a great conference, thanks for coming in your numbers to the reception.
14 We'll see you tomorrow morning. Good night and thanks very much.

15
16 MR O'FLYNN: Thank you Pat Flanagan and congratulations, this congress is after all a
17 culmination of years of his work and effort.

18
19 Thanks too to all our speakers tonight and to the Malton Hotel, musicians from earlier and as Pat
20 said to the organising committee, Linda Raymond, Niamh Daffy, Ursula, Liam and all the team
21 who spent most of the last year planning and preparing for this congress.

22
23 Folks, enjoy yourself tonight. But not too much! In fact, it might be a good idea to register this
24 evening and allow yourselves some recovery time in the morning! The registration desk will
25 remain open for the rest of this reception; don't forget to pick up your congress pack.

26
27 If you want to do it in the morning, registration is open from 8.30.

28
29 While you are there, can I remind to you sign up for any practical sessions you are interested in,
30 there is a limit to the places on the practical sessions and there is a practical session at every
31 session over the next three days.

32
33 Also drop by the cultural desk to find out all about what we're calling the extracurricular
34 activities we offer.

1
2 Work hard, play hard as Martin said. That's the Irish way!

3
4 Good night, see you all at 9 am, thank you very much.

5
6 Event concluded

7

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